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# HOW TO KICKSTART YOUR PMP® PREPARATION

Your PMP preparation starting Tool Kit –  
telling you WHERE and HOW to start!



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# CHAPTER ONE

# INTRODUCTION

Congratulations on your decision to  
become a PMP®!

Welcome to your

**PMP Exam Prep Starting Tool Kit!**

Yeah, you are at the start of your exciting PMP journey! But where and how exactly to begin?

I know – from my own experience - that it could be overwhelming, cause there is so much information and so many options to choose from, right?!

But do not worry. With this little guide I will give you all the information you need to know on

**how to kickoff your preparation  
journey!**



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# CHAPTER TWO

# WHERE TO START?

## Read the Handbooks!

Many aspiring PMPs are searching for information and help on the internet. And the vast load of information you will find can easily overwhelm you. You could quickly become lost and not even know where to start with all that.

My recommendation is: [start by reading some essential information](#) to **lay the foundation** for your successful PMP certification.

The information in the following documents is **essential for filling your PMP application**, so we recommend starting here:

# Read PMP® Handbook & Documents!

- ❑ Read (at least) pages 1-25 of the 👉 [PMP® Handbook](#)
- ❑ Read the 👉 [PMP® Examination Content Outline](#) which gives you an overview of what you will be tested on during the 4-hour PMP® Exam.

After reading this you will know exactly at **which domains and tasks to focus** during your studies, and you also do know **the vocabulary to use while filling out your PMP application.**

- ❑ **Ensure that you are eligible!**  
You can find the eligibility criteria in the PMP® Handbook, which you (should) have just read. Make sure that you meet them!

READ:



- 👉 [How to Identify your PMP® Certification Eligibility](#)

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# CHAPTER THREE



# SETUP YOUR LEARNING ENVIRONMENT

## You need breaks!

Define (at least) one day a week where you definitely will **not do** any learning. Sometimes you need to clear your head, and breaks are healthy. Since most aspiring PMPs do work to prepare alongside their day job, it should mostly be a weekday, because at weekends you will have more time to learn.

My weekly day off is on  
\_\_\_\_\_! (insert weekday)

## You need a learning place!

- ❑ Designate a “**study Location**” in your home, which you will use for the duration of your PMP® Exam studies
  - ❑ Ensure that there is sufficient lighting
  - ❑ Ensure that there is sufficient fresh air
  - ❑ Ensure that you can close all doors to be on your own for uninterrupted studying
  - ❑ If there is a phone in that room then move it elsewhere for now
  - ❑ Tell your family not to disturb you when you are at this location
  
- ❑ Get a commitment from your family and friends to support your preparation efforts. It will be a long and hard time for all of you because you must spend more or less all of your spare time on learning. Your family members and your friends need to understand that this way they can support you.

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# CHAPTER FOUR

# GET YOUR STUDY MATERIALS!

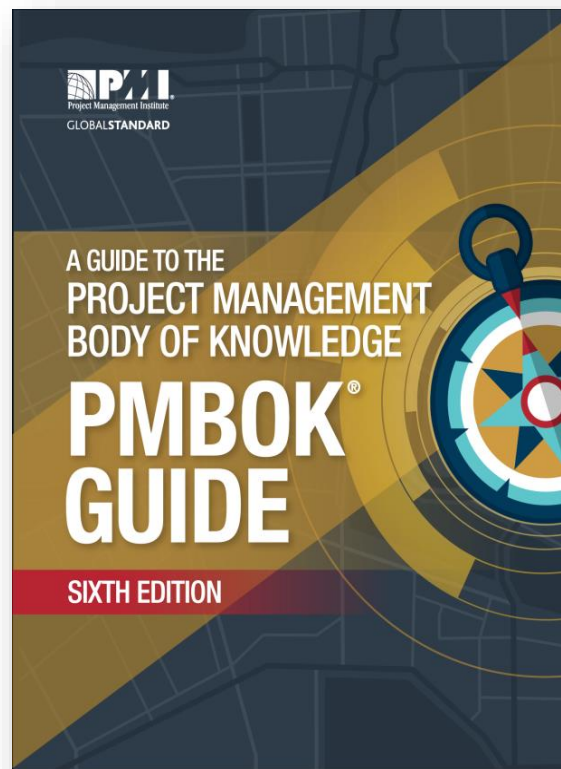
I am convinced there are some study materials you must have!

Well, we are all individuals, and so are our **learning behaviors and preferences** also individual. There are a lot of preparation materials available out there – free or paid – and you need to figure out which ones are best for you and your personal learning preferences.

But there are some materials that I think they are **mandatory**:

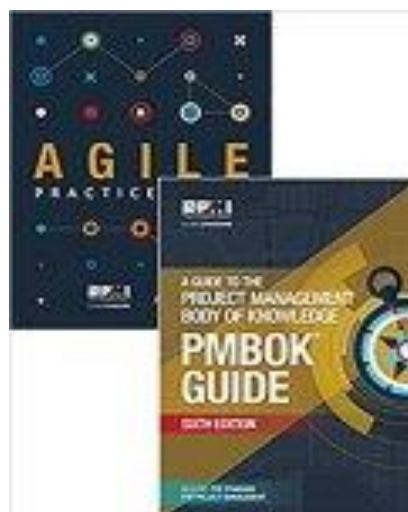
# You must have the current **PMBOK® Guide** Edition!

☞ [PMBOK® Guide 6th Edition](#)



# You must have the current PMBOK® Guide Edition!

A Guide to the 📖 [Project Management Body of Knowledge \(PMBOK® Guide\) – Sixth Edition](#) is the latest version of this leading global resource for project managers. New to the Sixth Edition, each knowledge area will contain a section entitled “Approaches for Agile, Iterative and Adaptive Environments”, describing how these practices integrate into project settings. Other content enhancements include more emphasis on strategic and business knowledge, including discussion of project management business documents, and information on the PMI Talent Triangle® and the essential skills for success in today’s market.



# You must have the current **PMBOK® Guide** Edition!

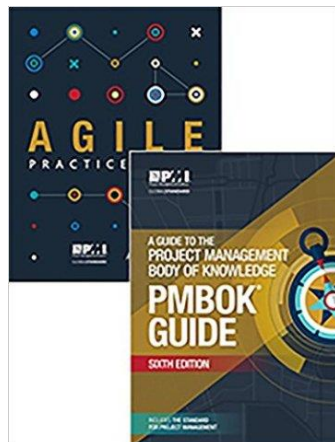
Also new is the 🖱️ [Agile Practice Guide](#).

Together, these publications deliver comprehensive information on key project delivery approaches—predictive, agile, and hybrid.

👉 **As a PMI Member you can download the new guides from your PMI.org member dashboard!**

*Note: The PMBoK Guide download comes in companion with the Agile Practice Guide!*

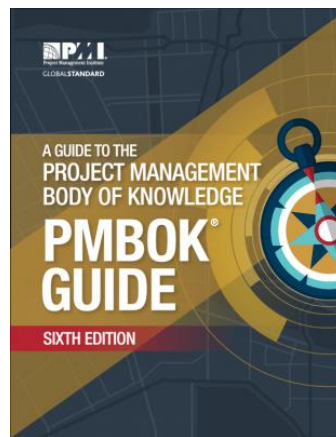
[Download PMBOK® Guide – Sixth Edition](#)



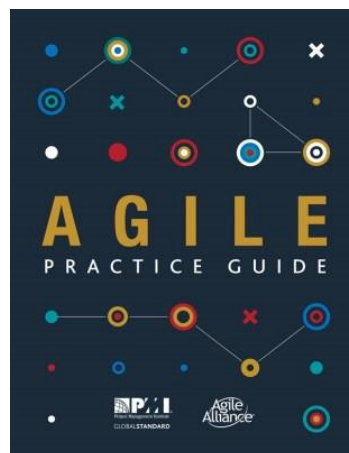
[Download here!](#)

# You must have the current **PMBok® Guide** Edition!

*If you are not a PMI Member yet, you need to order the paper version at Amazon for instance:*



[Order now!](#)



[Order now!](#)



# You must have the current PMBok® Guide Edition!

Some PMP aspirants are getting confuses about  
the question:

***„Do I Have to study the Agile  
Practice Guide for the PMP®  
Exam?“***

For clarification about that question please  
refer to this article: 🖱 <http://bit.ly/2LuFpkF>

# You must have (at least) one PMP® Exam **Prep Book!**

In addition to the current 📖 [PMBOK® Guide Edition](#) you need to have (at least) one

**good PMP exam prep book.**



I do recommend not using more than two prep books; otherwise it could become kind of confusing and may be counterproductive.

There is a bunch of PMP exam prep books available out there, and most of them are good. **Some are great.**

Which one might be the best one for you? Well, that depends strongly on your personal learning **preferences!**

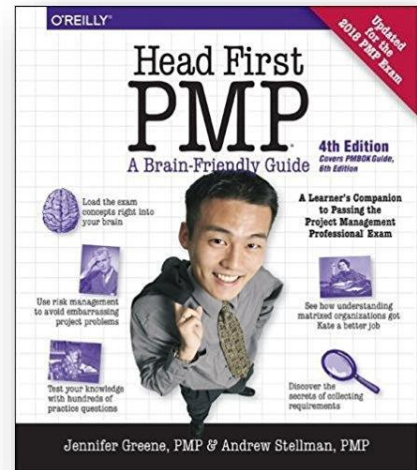
I have used the **combination of the following two books.** They are the most popular ones (for some reason) and they are very good indeed:

# You must have (at least) one PMP® Exam Prep Book!

## Head First PMP (4<sup>th</sup> Edition)

by J. Greene; A. Stellman

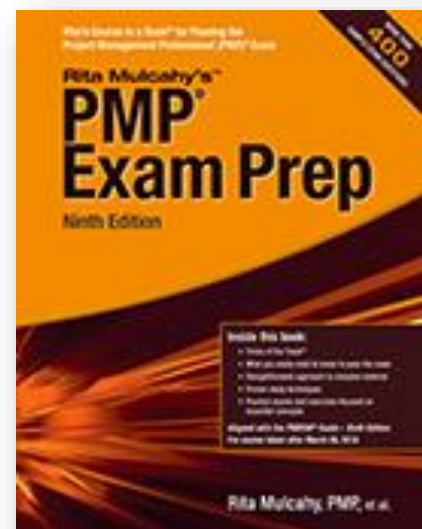
 [show me more details ...](#)



## PMP Exam Prep Rita's Course 9<sup>th</sup> Edition

by Rita Mulcahy

 [show me more details ...](#)



# You must have (at least) one PMP® Exam Prep Book!

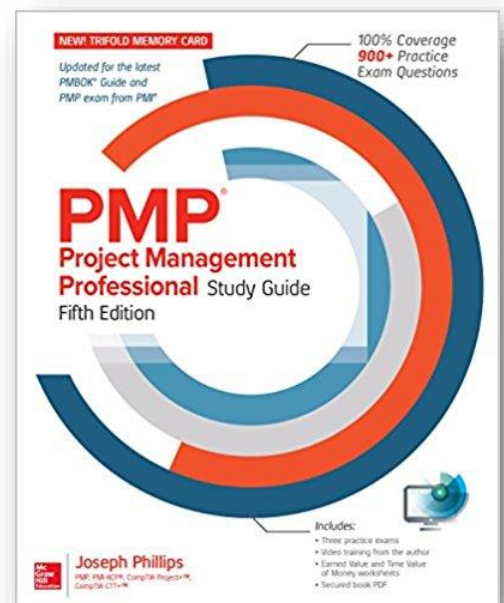
The two books at the previous page maybe the most popular ones and they are both great, but my **secret tip** would be the new book by Joseph Philips.

( I have just reviewed the PMBoK Guide 6<sup>th</sup> Edition aligned version and it is ... AMAZING):

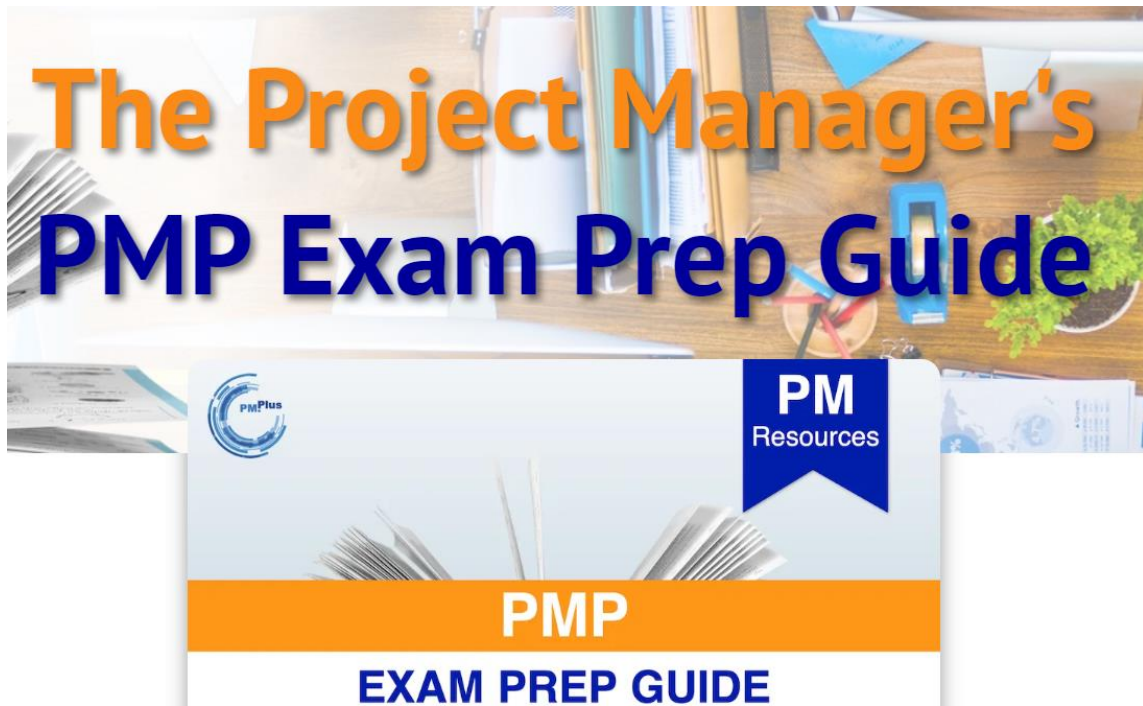
## PMP Project Management Professional Study Guide; 5<sup>th</sup> Edition (aligned with PMBoK Guide 6<sup>th</sup> Edition)

by Joseph Philips

 [show me more details ...](#)



additional **Prep Book** Options  
can be found in our free



Click on the picture above to be instantly directed to the PMP Exam prep guidance program and get your free seat immediately.



"Yes , I've bagged the coveted title. I Want to really thank you for all the support/assistance provided during my journey of bagging this title. Your program is really to the point and unique, that has contributed to the success of cracking this exam.

..."

– Rajjni Lalotra

[SIGN UP](#)



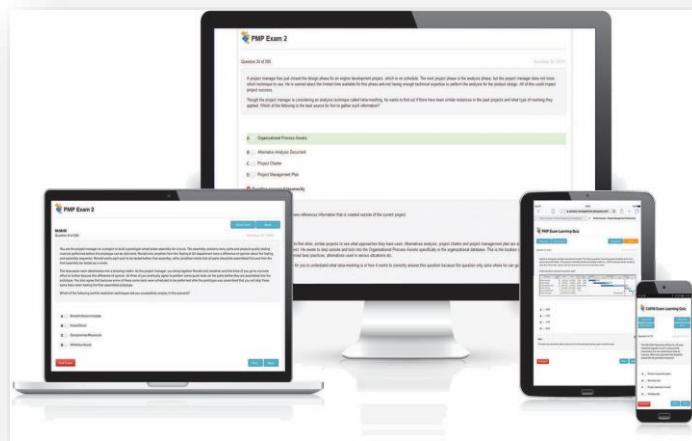
# You must have access to a professional PMP® Exam Simulator!

I **strongly recommend** you do as many **quality** sample questions/mock exams as you can, because - **practice is the key!**

Furthermore you should not only do sample questions, but you should **SIMULATE the exam**. It is not an easy job to do 200 (mostly difficult and long wordy) questions in a time frame of 4 hours.

Those 4 hours could seem long. But equally, you could run out of time if you spend too long to one very difficult or complex question.

So, you should also **train your time management for the exam**.



# You must have access to a professional PMP® Exam **Simulator!**

Of course you can try to do this with the tons of free sample question available on the internet.



But in my experience, **a professional tool which provides you an exact simulation of exam circumstances is much better** and nowadays almost mandatory for this.

Yes, it may take an investment. But from my point of view and - more importantly - based on my experience, this is **a priceless invest in yourself and your exam success!**

There are some good simulators out there; based on my personal experience I would like to recommend you the following, which are great and 100% worth the money:

# You must have access to a professional PMP® Exam Simulator!

## The PMP Exam Simulator by Cornelius Fichtner



The PMP exam simulator by Cornelius Fichtner provides you

- ❑ 1,800+ high quality PMP questions
- ❑ high flexibility in how to train your questions
- ❑ Nine fully loaded and timed exam simulations
- ❑ 200 individual questions each
- ❑ Take a look at it here: 🖱️ [PM Exam Simulator](#)
- ❑ To get an idea of what you can expect, please **use the free trial version to try it out for yourself:** 🖱️ [FREE PM Exam Simulator](#)



# You must have access to a professional PMP® Exam Simulator!

**The PMP Exam Simulator  
by Cornelius Fichtner**



## Exclusive Community Offer!

I know Cornelius (the creator of the PM PrepCast and the PM Exam Simulator) for many years now and meanwhile we became friends and partner.

And therefore Cornelius gave me the option to provide an **EXCLUSIVE** discounted offer to my audience (who are **YOU!**).

Since the conditions change from time to time, please check out my website at:

👉 [www.projectmanagement.plus!](http://www.projectmanagement.plus!)

To receive the latest offers

# You must have access to a professional PMP® Exam Simulator!

Another great Option is The  
PMP Exam Simulator by



**EduLogiQ PMP exam simulator**  
provides you:

- 400 Questions;** 2 full length simulation exam
- 220 PMP practice questions:** practice questions by knowledge area
- Access to the solutions with very detailed reasoning and reference**
- 24x7 Email support** in case any further explanation of the term or concept is needed
- Access to Performance analytics to identify gaps by knowledge area and process group**
- Monthly Payment Plan!**

Please use this link for registration for the

 [EduLogiQ PMP Exam Simulator](#)

# You must have access to a professional PMP® Exam Simulator!

Another great Option is The  
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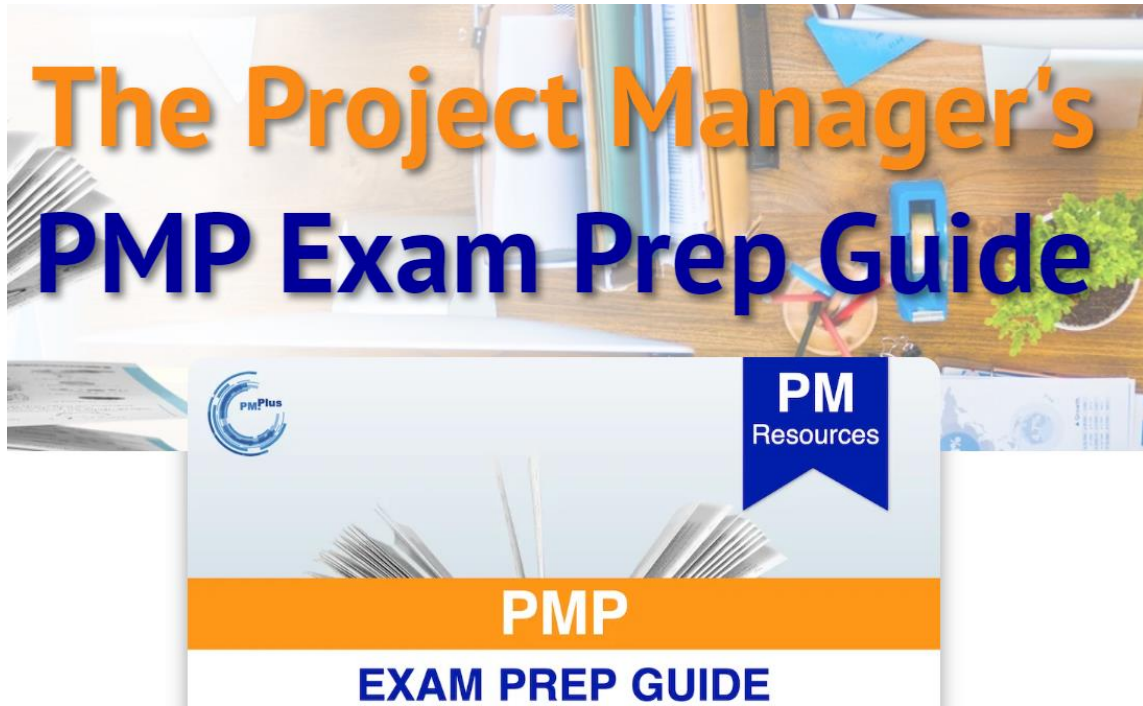
## Exclusive Community Offer!

Watch out for exclusive community offer at

👉 [www.projectmanagement.plus!](http://www.projectmanagement.plus!)



additional **Simulator** Options  
can be found in our free



Click on the picture above to be instantly directed to the PMP Exam prep guidance program and get your free seat immediately.



"Many thanks to Markus for giving me a chance to be a part of this program and I'd like to thank him for playing an important part in the success of my PMP journey. I have been greatly enriched by his input, expertise and knowledge.. ..."

– Kavya Gupta

[SIGN UP](#)



# Besides the must have materials there are some others you should have:

So, we've looked at the **mandatory** materials that you must have to boost your learning.

Now we will look at some materials that are optional but **also very useful**.

You need to figure out and decide which of them will fit best your personal learning preferences.

Let's go ...

# That thing with the 35 Contact Hours requirement:

The following recommendation – an online course – might be optional, BUT you should know (after reading the Handbook latest) about the 35-contact hour requirement for the PMP Exam application eligibility, right?

If it is still unclear to you, what that means, please refer to this article:

★ **The Complete Guide to PMP 35 Contact Hours of Project Management Education** ★

👉 <http://goo.gl/dTL5i2>

You can use the following options, to fulfill this requirement ...

# PMP Exam Prep Course – Option 1

## PMPrep Cast – aligned to PMBoK Guide 6<sup>th</sup> Edition

by Cornelius Fichtner

Because I used it for PMP preparation, I can strongly recommend the 👉 [‘PMP PrepCast by Cornelius Fichtner’](#) to you.



This is a fully pre-recorded self-paced online training course (with more than 70 hours of video and audio lessons!), which also provides you ***the 35-contact hour certificate***, which you will need for your PMP Application.

You may have a look here: 👉 <https://goo.gl/JQoErp>

You can get a glimpse of what you could await, by trying out the free version:

**Free Prep Cast:** 👉 <http://goo.gl/xyXTT5>

# PMP Exam Prep Course – Option 1

[PMPrep Cast –  
aligned to PMBoK Guide 6<sup>th</sup> Edition](#)  
by Cornelius Fichtner



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And therefore Cornelius gave me the option to provide an EXCLUSIVE discounted offer to my audience (who are YOU!).

Since the conditions change from time to time, please check out my website at:

☛ [www.projectmanagement.plus!](http://www.projectmanagement.plus!)

To receive the latest offers



# PMP Exam Prep Course – Option 2

Another great Option is The  
**PMP® Certification Training**  
**35 Contact Hours Online**  
**Exam Prep Course by**



The **EduLogiQ PMP Certification Training** provides you:

- Self paced learning
- 35 Contact Hours Certificate of Completion.
- 70+ interactive video lectures
- 800+ flashcards
- 400 practice questions in 2 Exams Simulation
- Chapter-wise quiz (20 questions each chapter)
- Officially Licensed by PMI
- 24x7 Support
- Save Money** with flexible pricing plans. With the monthly plan the faster you learn the less you pay.

Please use this link for registration for the

 [EduLogiQ PMP Certification Training](#)

# PMP Exam Prep Course – Option 2

Another great Option is The  
**PMP® Certification Training**  
**35 Contact Hours Online**  
**Exam Prep Course** by



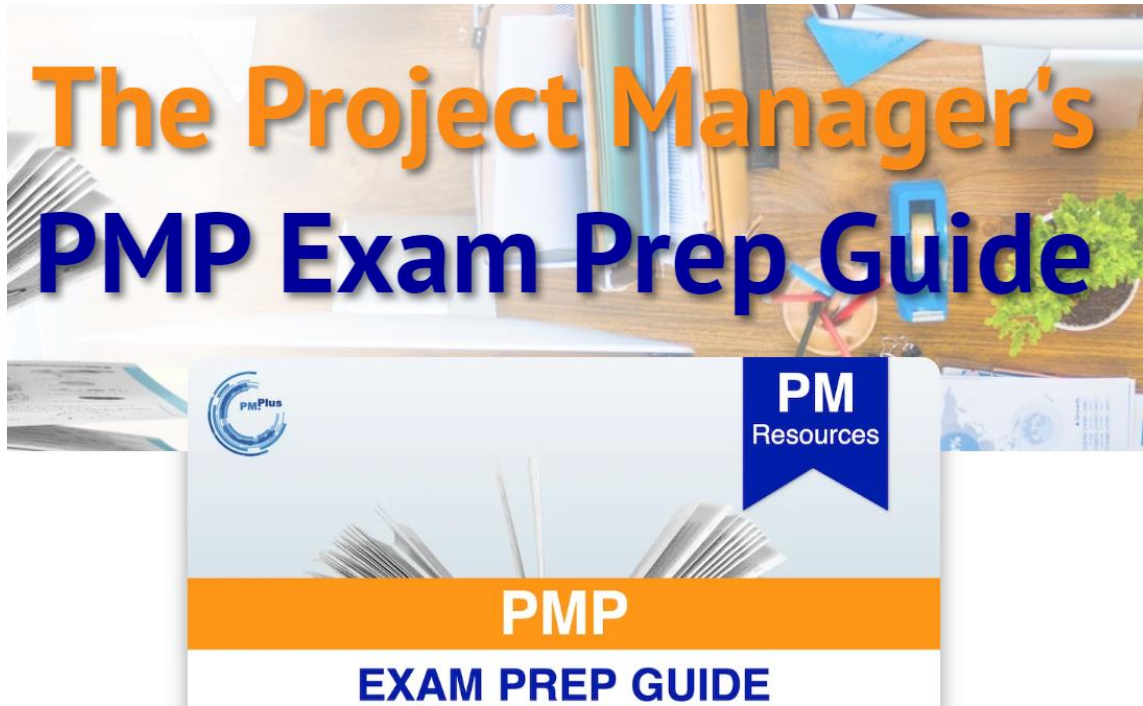
## Exclusive Community Offer!

Watch out for exclusive community offer at

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additional Prep Course Options  
can be found in our free



Click on the picture above to be instantly directed to the PMP Exam prep guidance program and get your free seat immediately.



"This program is well structured and timed for PMP aspirants to follow and succeed in the exam. It provides much needed guidance in having a planned approach. ..."

– Visuvanathan Kandanathan

[SIGN UP](#)




Besides the must have materials there  
are some others  
[you should have:](#)

### Additional Study Materials

Of course, there are other forms of study materials available, like flashcards, podcasts, and others.

Do check the following article if you want to use something else in your preparation process:

 [The 12 Most Popular PMP Study Materials for your PMP Exam Preparation>>>](#)

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# CHAPTER **Five**

# WHAT'S NEXT?

You now got the essentials you do need  
for your PMP preparation!

But ...

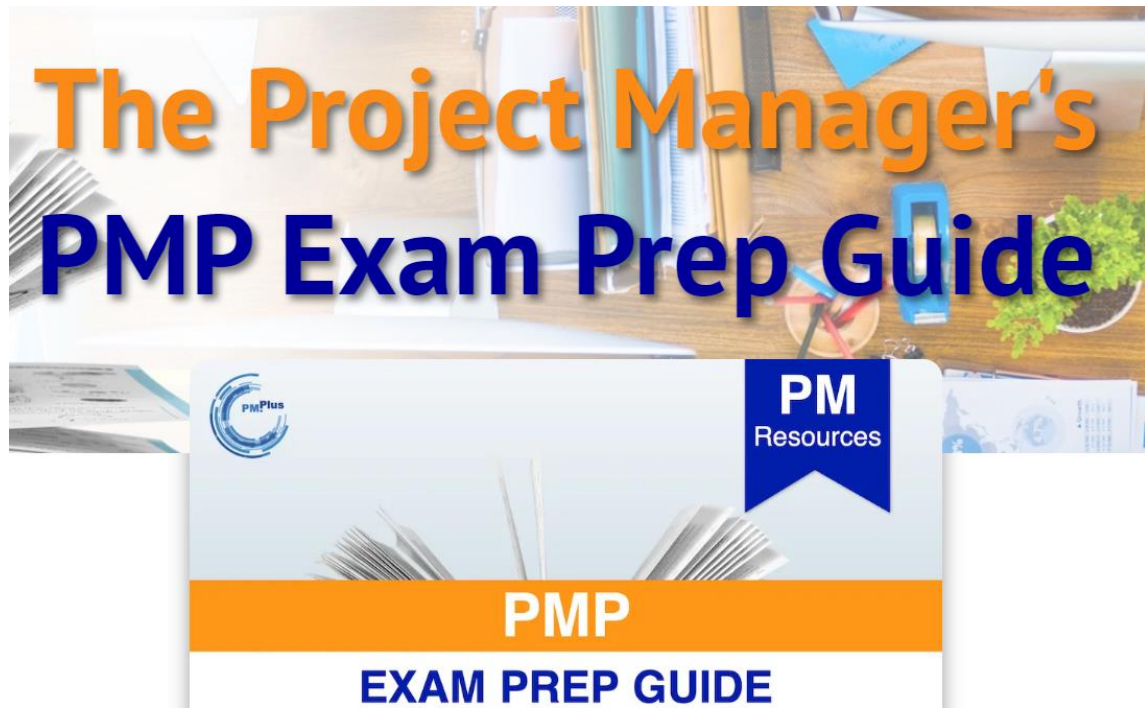
... there is a lot more you can do to **be as best prepared as you can be!**



We have conducted the [“Project Managers PMP Exam preparation guidance – program”](#)  
for all PMP aspirants out there.

Within that program we do provide an **in-depth, step-by-step guidance from the very first step until your exam success!**

**and best is, it is totally FREE:**



Click on the picture above to be instantly directed to the PMP Exam prep guidance program and get your free seat immediately.



'I am delighted to host Markus' PMP Exam Prep Guide. It is probably the most valuable FREE information product I've ever seen.

'Not only is there a phenomenal amount of material here, but Markus has invested more than his time into this Guide. He shares his experience and wisdom openly.

'I'm extremely proud to have collaborated to bring this to you.

- Mike Clayton,  
Founder [onlinePMcourses.com](http://onlinePMcourses.com)

# SIGN UP FOR FREE TODAY

and get instant access to

**a complete 14-module Exam Prep Guide program**

Markus will show you a clear 'red line' to follow, from start to success.

With tips on:

- What resources to buy
- Where you can get the best free resources
- How to study - what order and how to practice
- When to practice test questions (and where to find them)

Plus...

Numerous personal lessons learned accounts, so you can learn from people who have gone before.

With...

Free updates for life

And...

Special discounts on OnlinePMCourses core Programs

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# Besides this free version there is a **PREMIUM** version available also:

## **So How does the Premium Edition Differ?**

An excellent question. The answer is:

*In lots of ways...*

Many of the PDF files have additional some tricky concepts explained like:

- Project Requirements and Project Scope
- Free Float vs Total Float
- Cost Baseline vs Cost Budget
- Quality vs Grade
- Project Team vs Project Management Team
- Push Communication vs Pull Communication
- Residual Risk vs Secondary Risk
- Contract Types
- Getting Stakeholders on Your Side

**Mock Exam Questions** based on the 10 Knowledge Areas

For each KA, there are 10+ mock exam questions for you to try; 100+ in all.

**Specially developed tools** like:

- PMP Application and Eligibility tracking tool
- Mock PMP Exam Result tracking tool
- Exam Prep Book comparison table
- Contact Hours recording tool

**Ten+ additional Lessons Learned** accounts from new PMPs

**Additional guidance for when you pass your PMP**

- How to earn PDUs (for free - extra tips)
- How to claim your PDUs

**Bonus Tools and Checklists**

We have bundled in many checklists and customizable Project Management templates ready to use out of the box!

**Bonus resources** to help you close your project down



# Project Manager's PMP Exam Prep Guide Premium Edition

Your structured route to PMP Exam success!  
With added content.

 [Enroll in Course for \\$19](#)

Click on the picture above to be instantly directed to the PMP Exam prep guidance program and get your free seat immediately.



"Markus' innovative program is a great source of information to anyone preparing for the PMP certification. Markus is like a personal trainer, always on hand to help out, guide and motivate you towards your goal."

- Shailesh Karnik

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